

County Cumbria
Local authority Copeland Borough Council
Area Whitehaven
Venue Whitehaven Sports Centre
Venue postcode CA28 7RJ
Day Monday
Time 7.30 – 8.30pm
Coach name Sonia Dryden
Contact email sonia.dryden@englandnetball.co.uk
Programme start date Sept 2010
Programme end date Ongoing
Session cost £2.70

County Cumbria
Local authority Copeland Borough Council
Area Millom
Venue Millom Recreation Centre
Venue postcode LA14 4BX
Day Tuesday
Time 8.15 -9.15pm
Programme start date 01/03/10
Programme end date Ongoing
Session cost £2.00
Contact name (if not coach) Sonia Dryden
Contact email address (if not coach) sonia.dryden@englandnetball.co.uk

County Cumbria
Local authority Allerdale Borough Council
Area Keswick
Venue Keswick School
Venue postcode CA12 5QB
Day Wednesday
Time 6.00 – 7.00
Programme start date Sept 2011
Programme end date Ongoing
Session cost £2.00
Contact name (if not coach) Sonia Dryden
Contact email address (if not coach) sonia.dryden@englanentball.co.uk

Venue Silloth Community Sports Hall
Venue postcode CA7 4DD
Day Wednesdays
Time 7.00 – 8.00pm
Programme start date Sept 2011
Programme end date Ongoing
Session cost £3.00 per session
Contact name (if not coach) Sonia Dryden
Contact email address (if not coach) sonia.dryden@englanentball.co.uk

County Cumbria
Local authority South Lakes
Area Kendal
Venue Kendal Leisure Centre
Venue postcode LA9 7HX
Day Wednesday
Time 7.00 – 8.00pm
Programme start date 01/01/12
Programme end date Ongoing
Session cost £3.00
Contact name (if not coach) Sonia Dryden
Contact email address (if not coach) sonia.dryden@englandnetball.co.uk

County Cumbria
Local authority Carlisle City Council

Area	Carlisle
Venue	Sands Centre
Venue postcode	CA1 1JQ
Day	Thursday
Time	7.30 – 8.30pm
Programme start date	Sept 2010
Programme end date	Ongoing
Session cost	£2.00
Contact name (if not coach)	Sonia Dryden
Contact email address (if not coach)	sonia.dryden@englanentball.co.uk